



# July Training & Event Bulletin

July 9, 2019



Volume 2, Issue 7

## By the Numbers (FINAL)

(July 2018 to June 2019)

- 28 events in June, 258 to date
- 97.58 hours in June, 684.75 hours of service to date
- 341 attendees to events we participated in June, 16,539 to date.
- 278 Emergency Preparedness Guides in June, 12,484 to date.
- 182 volunteer participation in June, 2,370 to date.
- 527.62 hours of service in June, 6,069.87 to date.

## Save the Date!

Every Monday Night  
ARES Net at 7:30 pm

National Night Out  
August 6, 2019

Delco ARES Meeting  
August 12, 2019

Chester Community Day  
August 24, 2019

DelCART Meeting  
August 27, 2019

MCM Strike Team Practice  
September 14, 2019

MCM Strike Team Exercise  
November 2, 2019

## OUR MCM PROGRAM IS OFFICIALLY ESTABLISHED!!!

On Valentine's Day, February 14, 2019 leadership of our Medical Countermeasures (MCM, formerly SNS) Program sat down with an evaluation team from the Pennsylvania Department of Health (PA DOH) to conduct an Operational Readiness Review (ORR) of our program. We recently learned that the results of our ORR were "Established"! This rating, issued by the PA DOH and the Centers for Disease Control (CDC) is the highest rating currently possible. This makes the Delaware County MCM Program the 2nd such program in the United States of America to reach an "Established" rating. Chicago is the only other jurisdiction to have obtained this rating. THIS WOULD NOT HAVE BEEN POSSIBLE WITHOUT YOU!!! Each one of our volunteers had a role in making out MRC program reach this goal. We are proud to have obtained this rating and know that it took a team effort! Over 100 different organizations participate in our MCM program. At the backbone, are our volunteers in the CCDC. You support our MOC operations, open POD operations, closed POD operations, communications, and logistics. Thank you!!! But we will not stop making this program bigger and better. This fall will be another big test for us, an evaluation of all our efforts with our MCM Strike Team. Please participate in the coming series of training and exercise outlined on page 3 of this bulletin. We still need you!!!

**July Training & Events:** All of the links to events and trainings below have a full description of the event or training. These are also listed on the calendar at [www.delcocitizencorps.com](http://www.delcocitizencorps.com). Any volunteer from the SEPA counties is welcome to participate in all of these events or trainings. Please contact Ed Kline at [klineE@co.delaware.pa.us](mailto:klineE@co.delaware.pa.us) or 215-439-1407 if you have any questions or concerns.

**JULY SAFETY MESSAGE:** With our upcoming logistics exercise, our safety message for July is a reminder about avoiding heat related illnesses and possibly death. The human body is normally able to regulate its temperature through sweating until is exposed to more heat than it can handle. Every individual will have different tolerance for heat. The people most at risk are the young, elderly and those with chronic health conditions. Heat exhaustion and heat stroke can escalate rapidly, leading to delirium, organ damage and even death. The National Safety Council ([nsc.org](http://nsc.org)) provides a free First Aid Quick reference app for your phone (via the Apple store or Google play) showing the signs and symptoms for heat related illness. Seek medical help immediately if someone is suffering from heat stroke. As we do our tasks at the logistics exercise, in our yards, at our job, or even during recreation, take precautions to minimize the risk of heat-related illnesses.

1. Work/play for shorter periods of time.
2. Stay hydrated and drink before you get thirsty.
3. Watch out for others - stop them from working/exerting if you think they are exhibiting signs of heat exhaustion or heat stroke. Mental confusion from these two issues may have an individual thinking they are okay.
4. Take time to rest and cool down.

In your community, please check in on neighbors who are elderly, house-bound or otherwise may be reluctant to ask for help in the heat. Some day you maybe that person! Pennsylvania has a new law (House Bill 1216) regarding what to do for animals left in vehicles in the heat. Please follow the law to ensure the pet is safe and you are in compliance.

**Keep Each Other Safe!** Have a great day by helping others have a better day.  
*By Robbie Kankus*



**Get your  
Citizen Corps  
ID Badge! By  
appointment  
only! 9 am to  
7 pm on  
Mondays,  
Tuesdays,  
Thursday and  
Fridays. Make  
your  
appointment  
with Inder  
Bains at  
bainsi@co.dela  
ware.pa.us**



**Monday, July 8th from 7 pm to 9 pm—Delco ARES Meeting** — At the Delco 911 Center. New and existing members of our excellent ARES team are welcome to participate. A training on ARES operations is included! Hope to see you there. No registration necessary.

**Thursday, July 11th from 7 pm to 8:30 pm—Delco Salvation Army Canteen Meeting.** Volunteers who wish to affiliate directly with the Salvation Army to provide Canteen and mass care feeding services in and about Delaware County are welcome to attend this, the first meeting, of the Delco Salvation Army Canteen. Rutledge Fire Hall, 212 Unity Terrace, Rutledge, PA 19070. No need to register.

**Wednesday, July 17th from 1 pm to 2 pm—CDC National Center for Environmental Health Webinar.** CDC experts will discuss the health risks that hurricanes bring; planning for the 2019 hurricane season; and how community leaders, nonprofit organizations, and public health professionals can effectively communicate hurricane messages. Closed captioning will be available. Participants can earn CEU, CHES, and CPH continuing education units.

**WEBINAR LINK:** <https://zoom.us/j/757372911>

**Tuesday, July 23rd at 7 pm. DelCART Monthly Meeting.** Join our awesome Animal Response volunteers for their monthly meeting. E-mail [delcartpa@gmail.com](mailto:delcartpa@gmail.com) for additional details. Meetings are held in the Vairo Library at Penn State University-Brandywine.

**Wednesday, July 24th from 7 pm to 9pm—CCDC Orientation,** New volunteer recruits must attend this orientation session. Information about our program, the SNS program, mass care, and emergency preparedness will be discussed. All volunteers are encouraged to ask a relative, friend, coworker or neighbor to attend. Orientation sessions will be conducted on the odd months throughout the year.

When: Wednesday, July 24, 2019 from 7 pm to 9 pm

Where: Delaware County Emergency Services, 360 N. Middletown Road, Media, PA 19063

Registration: <https://forms.gle/n4kbWYY2VbdNgLs7A>

**Saturday, July 27th from 8 am to 2 pm—CCDC Logistics Exercise.** At the event we will practice our Volunteer Reception Center and reorganize mass care and public health response equipment. Volunteers should wear comfortable clothing and be prepared to get to work. Lunch will be provided.

When: Saturday, July 27, 2019 from 8 am to 2 pm

Where: Delaware County Emergency Services, 360 N. Middletown Road, Media, PA 19063

Registration: <https://forms.gle/3mRUX3ZZJrCMn3ex8>

**Tuesday, July 30th from 7 pm to 9 pm—CCDC EOC Orientation Training.** Volunteers interested in serving inside our Emergency Operations center (EOC) and our Medical Counter Measures Operations Center (MOC) should attend this introductory training on EOC/MOC operations, computer/software systems, and communications. At the Delco 911 Center, 360 N. Middletown Road, Media, PA 19063.

Register at this link: <https://forms.gle/xSYSmkf5YxfuJ8hi6>



**Our Annual  
Volunteer  
Recognition  
Training &  
Dinner will be  
on Tuesday,  
October 8,  
2019 at the  
Lazaretto  
Ballroom, 99  
Wanamaker  
Ave. Essington,  
PA 19029.**



**August 6th from 4 pm to 9 pm—National Night Out.** Volunteers are asked to participate in our Emergency Preparedness Season kick off event!!! We are still putting together the details but let's assume we are going to the same towns as last year, Springfield, Marple, Lansdowne, Darby Twp, Upland, and Haverford. Some will start at 4:30 pm, others at 5:30 and run till about 9 pm. The link has all the information from last year which we will have to tune up as we get actual requests from municipalities. Register at this link: <https://forms.gle/AGtxArMrl17hBsgv7>

**November 2, 2019—7 am to 7 pm—Delco MRC Strike Team Deployment Exercise.**

*THIS IS AN IMPORTANT EVENT—PLEASE PARTICIPATE!!!*

The Citizen Corps of Delaware County (CCDC) Medical Reserve Corps (MRC) Strike Team will conduct a full scale deployment exercise. This is a huge event for the CCDC! We are planning on having 100 of our volunteers participate in this exercise which is part of our four state Medical Countermeasures (MCM) exercise.

The goal is to set up an entire POD including all the line management, first aid, command and control, disability access, screening, dispensing, QA/QC, mass care for the volunteers, feeding of the volunteers, and transportation from our rally point to the POD location. It is all very exciting but will take a lot of work from our volunteers.

We anticipate that the POD location will be outside of Delaware County.

Each section of the POD will be divided up and you will have an opportunity to join a section over the summer and start training together in small groups. Each group will train through September, then we will conduct a full scale walk through in September and a full scale exercise in October before we complete the final exercise on November 2nd. Please consider joining a group for this exercise. This is our first step to collect data on those volunteers who would like to participate. Please complete the following information about yourself and choose three, only three areas where you see yourself operating during this exercise. This DOES NOT guarantee that you will serve in one of those capacities but we will do our best when making assignments. Volunteers MUST be able to participate on November 2, 2019 for the entire event, 12 hours. AND attend the majority of the exercises in advance of this event. Each group will schedule a minimum of two training events over the summer. The walk through will be on September 14, 2019 (9 am to noon) and the preliminary exercise will be on October 12, 2019 (9 am to noon). You will be assigned a position for the exercise and participate in that position during each training, walk through, preliminary exercise and the actual exercise. Please let me know if you have any questions or concerns at [klinee@co.delaware.pa.us](mailto:klinee@co.delaware.pa.us) or 215-439-1407.

Register at this link: <https://forms.gle/YVfQ4dDB9R1baFPn6>

